

# Parenting Presentations

*Join Kathy Slattengren for an engaging presentation on one of the topics below.*



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Parenting**

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## **Taking the Stress Out of Parenting and Building Great Relationships with Your Children**

When we handle parenting challenges in positive, effective ways, we build our relationships. We'll discuss setting effective limits, using discipline which teaches, responding with empathy and avoiding arguments.

## **"Why Can't You Behave?": Ideas for Positively Handling Misbehavior**

It is critical to develop effective skills for responding to misbehavior. We'll talk about developmental challenges, setting a positive tone, strategies for handling misbehavior and setting firm limits in a kind way.

## **"Hey, Your Kid Just Hit My Kid!": Handling Conflict in Group Situations**

When kids play together, there are bound to be conflicts. We'll discuss overcoming factors that contribute to poor behavior, setting limits, enforcing rules and guiding children to resolving their disputes.

## **Bringing Out Their Best: Providing Guidance While Avoiding Parenting Pitfalls**

Your parenting approach can help bring out the best in your children. We'll look at different parenting styles along with benefits and drawbacks. We'll discuss matching our parenting to our children's growing needs.

## **Child Care Challenges: Responding to Misbehavior and Stress Behavior**

When young children have stressful lives, their behavior in school often reflects that stress. We'll explore ways to emotionally connect with these children and positively guide their behavior.

## **Bullying, Cyberbullying: Guiding Children Through Rough Waters**

Bullying is a significant problem in the lives of too many children. We'll look at facts, stories and ideas for guiding children whether they are the victims, bullies or onlookers.

## **The Wild Wild Web: Keeping Your Kids Safe in the Digital World**

The digital world gives children access to all sorts of information. We'll explore teaching your children about the new responsibilities and potential dangers around cellphones, the internet and social networking.

## **On the Bumpy Road to Independence: Guiding Teens to Becoming Responsible Adults**

How do you balance trying to keep teens safe while also allowing them increasing freedom? How do you deal with teen attitude? We'll discuss helping our teens to grow into adults who can thrive on their own.

### **Pricing**

The prices below are for the greater Seattle area. For other locations, please call for a travel expense quote.

#### **Schools, Parent Groups:**

\$300 (2 hours), \$250 (1.5 hours), \$200 (1 hour)

#### **Corporations:**

\$350 (2 hours), \$300 (1.5 hours), \$250 (1 hour)

**Child Care and Early Education - Professional Development through STARS : \$375 (2 hours)**

### **Presenter Bio**

Kathy Slattengren, M.Ed., is an internationally recognized parenting educator. She shares the effective parenting techniques she's learned from classes, seminars, books and research. Her personal stories from raising her own two children along with other parenting stories make for fun, engaging presentations.

### **Scheduling a Presentation**

Schedule a presentation by calling 425-770-1629 or emailing support@PricelessParenting.com